



FOOD ITEMS NEEDED:

Peanut Butter
Jelly
Tuna or Chicken (canned)
Soup
Chili
Mac 'n cheese
Canned ravioli
Parmesan cheese (in a can)
Pasta
Sauces
One-skillet meals: "helper" kits
Cereal
Pancake mix
Oatmeal
Granola bars
Trail mix
Goldfish
Rice (1 lb bags), lentils or Quinoa
Canned peas or green beans

