



## FOOD ITEMS NEEDED:

Peanut Butter  
Jelly  
Tuna or Chicken (canned)  
Soup  
Chili  
Mac 'n cheese  
Canned ravioli  
Parmesan cheese (in a can)  
Pasta  
Sauces  
One-skillet meals: "helper" kits  
Cereal  
Pancake mix  
Oatmeal  
Granola bars  
Trail mix  
Goldfish  
Rice (1 lb bags), lentils or Quinoa  
Canned peas or green beans

