



ONE MISSION. ONE STATE.

MORE HOPE

ANNUAL REPORT 2025



hopewomen's
center

A map of Arizona with various locations marked by pins. The top half of the map shows the northern part of the state, including Prescott, Camp Verde, and Sedona. The bottom half shows the Phoenix metropolitan area and surrounding regions like Scottsdale, Peoria, Glendale, Avondale, Buckeye, Gilbert, Chandler, Queen Creek, Maricopa, Casa Grande, and Florence. Pins are color-coded: blue with a white star for 'Hope on the Road Mobile Sites' and yellow with a white triangle for 'Physical Hope Centers'.

More HOPE

Across the State

This year, Hope experienced a greater demand for our services than ever before. We expanded our reach to meet more women in crisis across the state. We now have seven physical centers and over 55 mobile Hope on the Road locations. Because of your partnership, we are impacting thousands of women throughout Arizona with the gift of HOPE.

Map Key

 Physical Hope Centers

 Hope on the Road Mobile Sites

Note: Not all locations shown, for all locations visit hopewomenscenter.org



A message from our CEO

When I reflect on 2025, one word resonates clearly: *More*. This year, we celebrated exponential growth as the needs for our programs grew throughout the state. From the map you can see our impact visually – Hope programs are now available across the entire metropolitan Phoenix area, through the West and East Valleys and into Northern and Southern Arizona!

Our Hope on the Road program in particular saw remarkable expansion as we prioritized caring for women in under-resourced communities who might never otherwise be able to step foot inside a Hope center. Hope on the Road allowed us to meet women right where they were – geographically and emotionally – in their moment of greatest need. For many, this connection was life-changing and for others, it was life-saving.

In January, we started off the year with 15 Hope on the Road sites and by the close of the year, we nearly quadrupled to 55 and grew our staff by 30% to meet this demand. This is a powerful testament to the need for our services and also to the importance of partnership as we work closely with local nonprofits at each mobile site to bring our Hope programming.

All of this is only possible because of your support. When you change a woman's life, you impact her children and future generations to come, and ultimately, you transform our communities. Helping women flourish is something we ALL benefit from.

With gratitude,

Tammy Abernethy

CEO, Hope Women's Center



MORE *Healing*



Maggie:

Healed through counseling

“I feel like I am alive. This place changed my life.”

“When I came to Hope, I was experiencing homelessness and was completely overwhelmed. I didn’t know how to care for my young daughter on my own. More than anything, I longed for a safe place to call home — a place where I could breathe, rest, and start over. A place to exhale. I had no family nearby, and the weight of providing for myself and my daughter felt impossible to carry alone.

Through a referral, I found Hope. I reached out and met with a case manager, and began weekly counseling sessions through their Hope Heals program. I began to process my trauma and learn coping tools. I rediscovered my strength.

Week by week, I began to change. I can say now confidently that I feel like I am finally living. I’ve found a supportive community and courage to share my story. My time at Hope gave me a renewed sense of purpose, and I am building a better life.”

**Images and names may not reflect this narrative*



MORE *Freedom*



Jasmine:

Freed from trafficking

“The support I received here shaped who I am today.”

“I began selling myself at the age of 15 after I met a man who led me into sex trafficking. I didn’t finish school, and was in and out of shelters during my childhood. My future felt dark.

I noticed the Hope Women’s Center on 27th Avenue in West Phoenix. I had spent a lot of time in this area, and I know first-hand there is a lot of trafficking that goes on daily at this intersection. It’s a perfect location for someone needing a lifeline.

I knew it was time for me to finally get help and heal for my children. Through one of the Hope on the Road partners, I received my GED. Thank God I was able to finish school now, at the age of 24. I am growing as a mother and I am looking toward a more stable future.

I would never want my kids to go through what I went through. Now that I’ve graduated with Hope’s help, I can further my career for my children. Everything I am doing now I am doing for them.

The support I received from Hope helped shape me into the woman and into the mom I am today. I am stronger now than ever before.”

**Images and names may not reflect this narrative*



MORE *Community*



Diana:

Found strength in community

"I'm not scared anymore, because I am accepted here."

"I came to Arizona to be closer to my daughter. I was struggling with some serious health issues and felt very frustrated. I just felt lost, and I didn't know where to turn. So, I came here, in hopes of being closer to her. My daughter knew I was struggling, and said to me, 'Come with me to my class at Hope. They have mentors and support there. They will help you.'"

I went, and she was right. It has been such a gift to me – we're already getting closer just by attending the classes together. Our relationship, and how we care for her children together, it's all different now. It's better. I realized that we have the power to change how we pass things onto the next generation.

And it only took me until 66 years old to realize this! I am learning new things, and changing now because of them. It's never too late.

I honestly can't wait to wake up each day. It's an amazing feeling. Because I know I have support. The community I've found at Hope has helped me to feel accepted. I don't live in fear anymore."

**Images and names may not reflect this narrative*



MORE *Reach*

All of the services we offer at our day centers we now proudly offer through our **Hope on the Road** mobile sites. This allows us to serve women across the entire state, removing barriers that would prevent them from receiving help otherwise.

Our staff welcome each woman and create a compassionate environment that fosters healing and support. Meet some of the women we've impacted:



Phoenix

"Deborah and her family were on the verge of eviction. We began mentoring to create goals toward stability. She was so defeated. We helped her get transitional housing and set up weekly check-ins. Our staff was moved to tears because we could see her light shine again."



Northern AZ

"We met Nadine at a local library. She was trapped in an abusive relationship along with her children with a partner who controlled her life. The library was the one place she could find safety. Weekly she met with our staff and we created a safety plan. She took the courageous step and left him, and is now walking in freedom."



Southern AZ

"Brooke shared that as soon as she walked into the site she felt welcomed- something she never expected from a community center. She realized that it wasn't the room, but the people who she connected with in it. She expects 2026 to be life-changing thanks to Hope."

MORE Impact

Together, we impacted thousands of women and accomplished so much in 2025:



2,526 total women served



HOPE EQUIPS CLASSES

1,390 (50%)

women participated in classes

46,165

total classes taken



VOLUNTEER HOURS

17,169

hours of volunteering



FOOD SECURITY

89,659

lbs of food given

7,971

meals provided



HOPE ON THE ROAD

5,952

clients welcomed at all on-the-road locations



HOPE HEALS

184

women received FREE counseling and support



HOPE AT WORK

586

women received job skills training and coaching



HOPE EMPOWERS

Clients participated in

1621

mentoring & support group sessions





MORE *Empowerment*

Hope offers its holistic approach through **15 FREE programs**, each of which engages, encourages and equips the women we serve. ***At Hope, we believe that no woman, anywhere, should ever face a crisis alone.***

We walk alongside each woman, no matter the adversity they are facing, to bring an awareness of God's love to deep places of hurt, including: substance use disorder, domestic and sexual abuse, unplanned pregnancy, unemployment, human trafficking, family conflict, children in the foster care system, homelessness or healing past trauma.

Through mentoring, counseling, job training, parenting classes, material assistance and other services, we are building up more empowered women, daughters and mothers.

Meet the women whose stories we feature in this report and others in our annual video:

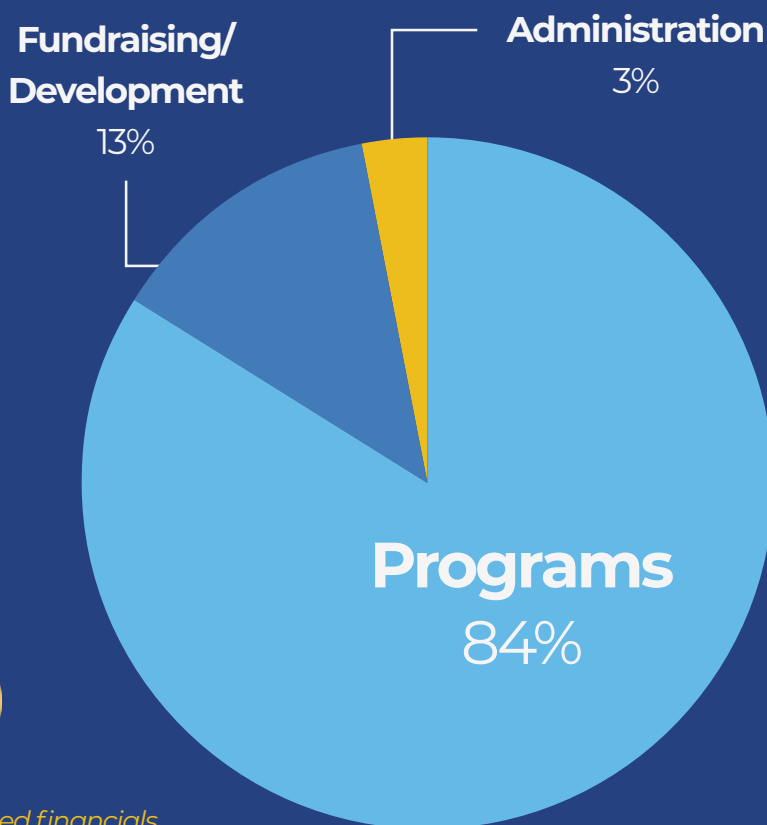
Or you can visit youtube.com/@hopewomenscenter4310



OUR Financials

Hope Women's Center strives to steward the generous gifts given to us from the individuals, businesses, foundations and community partners who believe in the power of Hope.

The compassionate support from all of our partners allows us to bring our transformational work to under-resourced areas throughout the Valley, impacting thousands of lives annually. We are proud that **\$.84** of each dollar goes directly toward our programs and community outreach efforts.



**per budgeted financials*

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More cycles broken, *Together*

Here are just some ways to help make **HOPE** more accessible to women across Arizona:

Volunteer

Use your time and talents to extend the power of Hope to the lives of others. Call or visit us online to learn about opportunities.

Spread the word

Become an advocate for Hope in your spheres of influence, church or place of business. Explore how we can partner together to impact more women in our community.

Pray

Pray for the women we care for and those we have yet to reach that need the power of HOPE.

Give

Your generous donations help provide our services at absolutely no cost to the women we serve. Donate at hopewomenscenter.org or scan the QR code to the right.



hopewomenscenter.org

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