



40 YEARS. 40 MORE.

THE POWER OF *hope*

ANNUAL REPORT 2024



40 years of Hope

For the last 40 years, Hope Women's Center has been serving women and girls in the Phoenix area. Here is a brief look at our history from the last 40 years.



1984

Hope Women's Center is founded in Apache Junction, AZ

2013

Hope opens new locations in Phoenix and Coolidge

2017

Hope expands to the West Valley

2020

Hope welcomes women in Maricopa at a new location

2021

Hope opens its doors in Northern Arizona

2023

Hope becomes the statewide affiliate for the Every Mother's Advocate program

2024

Hope launches a mobile Hope on the Road program





A message from our CEO

Tammy Abernethy

In 2024, we celebrated 40 years of Hope's work in Arizona! Four decades of serving at-risk women at no cost, and walking with them on their individual paths toward healing and wholeness. Through the years, the need for Hope's presence throughout the Valley has grown exponentially as more women facing difficult life circumstances turned to us for support. Because of your compassion, we responded to meet the tangible needs of tens of thousands of women and at-risk teen girls. Whether it was expanding from one pregnancy center to six day centers, adapting during COVID to broaden our services or launching our newest initiative to bring Hope on the road, we have never wavered in our mission to bring the power of hope through all we do.

Hope Women's Center continues to be a beacon in our community, providing relevant and transformative resources to meet women in their deepest moments of need. The impact of our partnership has had a powerful ripple effect as we daily witness lives that are being changed, families that are experiencing healing and cycles that are finally being broken.

Because of what they experience here, many of the women we serve share a similar rallying cry: **the cycle stops here**. At Hope, they are writing a new story for their lives -- one that ends cycles of trauma and brokenness, and infuses dignity and value into the chapters of their lives that lay ahead. I am so grateful for your commitment to helping us pen new stories like these, together.

With gratitude,

Tammy Abernethy

CEO, *Hope Women's Center*

THE POWER OF *Safety*



“Hope Women’s Center helped me to become the best version of myself.”

Amber

“Domestic violence was a big part of how I found Hope Women’s Center,” shared Amber* through tears. “I didn’t know that “domestic violence” was the proper term for what I went through when I was in it. For 10 years, I was in an abusive situation.

I didn’t recognize it as abuse until I finally stepped away from it. I was just so scared to leave. When I finally escaped, I didn’t know where to turn – I didn’t know that help existed. I found myself not knowing where to go or what to do. And then, I found Hope Women’s Center. I began taking Hope Equips classes, where I learned about becoming a better parent, life skills like healthy boundaries, nutrition and creating and balancing a budget.

I am so happy and thankful for Hope. I felt welcomed and safe when I came. I have never experienced anything like that before in my life outside of Hope – even with my relationship with my mom. But here, I just felt like it was safe to be myself.

I’ve realized that working on healing as a mother and breaking the cycle of the trauma we’ve dealt with in our own families and in unhealthy relationships is worth it. It is worth it to heal for the sake of our kids, because they deserve the best. They deserve us to be the best versions of ourselves as mothers. Hope Women’s Center helps women like us to become the best version of ourselves. I am so grateful I found Hope.”



**name changed to protect our clients*

2,200+
women served

HOPE EQUIPS CLASSES
(EDUCATION, LIFE-SKILLS, PARENTING)

1,100 *women participated in classes*

37,500 *total classes taken*

A high-angle, wide shot of a large, crowded dining room. Numerous round tables are set with white tablecloths, glassware, and plates of food. People of various ages and ethnicities are seated at the tables, engaged in conversation and eating. The lighting is warm and focused on the tables, creating a sophisticated and social atmosphere. The background shows more tables and people, suggesting a large-scale event or gala.

THE POWER OF *Tenerosity*

Hope Women's Center relies on the generosity of our supporters to bring our services to women from all walks of life, **at no cost.**

Our donors breathe life into our work and inspire the kind of impact that turns trauma into transformation for the women we welcome at our centers and through our mobile programs.

Here are some words from our supporters about why they are motivated to partner with Hope:

"We love supporting Hope Women's Center (HWC) with our time and money. We volunteer every Thursday at the Center. We feel passionate about HWC because it helps the women in crisis to help themselves through classes, resources, and counseling/mentoring. It empowers and equips women in unhealthy situations to work and build healthy ones."

"We support Hope Women's Center because they walk alongside women while providing practical help to keep families together and safe. We love the holistic approach Hope takes to empower women to be successful community members and mothers. The staff and volunteers at HWC care about each woman individually and the dignity of life at large. "

"My husband and I love what God is accomplishing through Hope Women's Center for the ladies and their families in our community. Our hearts are always warmed when we hear the personal testimonies of women whose lives have been transformed by the loving care they receive from the staff and volunteers. We feel called to use the resources God has given us to invest in the growth of this ministry. "

VOLUNTEER HOURS

Nearly 15,000
hours of volunteering

FOOD SECURITY

77,000 *lbs of food given*
7,300 *meals provided*

THE POWER OF *Resilience*



“Hope changed everything for me.”

Hannah

Hannah* came to us through our Hope on the Road program five months pregnant and with her 10-year-old son after being kicked out of her home by her ex-boyfriend. With nowhere to go, she slept in a moving truck and bounced from couch to couch, with no plan for her future. But even though she was at the lowest moment of her life, she never gave up.

Then Hannah found Hope. Through partnering with a local shelter, we secured her temporary housing and eventually a stable home. Hannah’s resilience and the support she received changed the course of her future. She found a car, a job and worked hard to complete the Every Mother’s Advocate (ĒMA) program before she even gave birth. Through the ĒMA program, she received a wide range of services tailored to her unique needs, including parenting education, advocacy, earned incentives, case management and action plans, court advocacy and transportation as needed. Hannah was paired with an ĒMA Advocate who worked alongside her, providing the holistic support necessary to navigate and overcome her challenges.



Her success and strength in the face of adversity has been an inspiration to us all, and serves as a striking example of why our Hope on the Road program is so critical to reach women like Hannah. “I don’t know where I’d be without Hope. It changed everything for me.”

**name changed to protect our clients*

HOPE ON THE ROAD

Welcomed 550+
clients at all locations

HOPE HEALS

122 Women *received free*
counseling and support

THE POWER OF *Independence*



“I now understand my self-worth. God has been so good to me.”

Maria

Maria* came to Hope after she had gotten in trouble and spent some time in jail. She was at a low point in her life, and had many hurdles to overcome when we met with her. She shared that her dream was to one day get her own place and have her own car, but she had a lot of things to work through to get to that point. “I wanted to be independent and I wanted to be a good person,” Maria shared with resolve.

Hope began walking with Maria and addressing her needs, step by step. She started off taking classes like healing from trauma, healthy boundaries and financial literacy at our center and then moved into our mentoring program, Hope Empowers. During mentoring, she started to really understand her own self worth and her value. She endured many ups and downs during her time with Hope but she never gave up, keeping her heart set on her goals. When we began offering Hope at Work – our job training and readiness program – she was the first one to sign up. On her graduation day, through joyful tears, she said:

“I have never graduated from anything. I’m so proud of myself!” Shortly after, she told us that she had been working diligently to get her legal charges dismissed. When that happened she was so thrilled, and we were able to rejoice with her.

Recently, she got her own apartment and last month she bought her own car. She then received her first APS power bill – a sign of the independence she had been working so hard for, and a testament to her resilience in the face of so many trials. She even asked us to take her picture with it! “I just can’t believe God has been so good to me. I thank him every minute of every day.”

**name changed to protect our clients*

HOPE AT WORK

500 Women
*received job skills
training and coaching*

HOPE EMPOWERS

Clients participated in
nearly 2,500
mentoring sessions

THE POWER OF *Partnership*

Programs and Impact

In the last 40 years, Hope Women's Center has expanded its reach and impact to meet the complex needs of women and teen girls in the Valley through our faith-based and trauma-informed services. We walk alongside each woman no matter the adversity they are facing, including: substance use disorder, domestic and sexual abuse, unplanned pregnancy, feeling overwhelmed by parenting, unemployment, human trafficking, family conflict, children in the foster care system, homelessness or healing past trauma. This is only possible because of the partnership of those who have invested in our mission and in the lives of the women we serve.





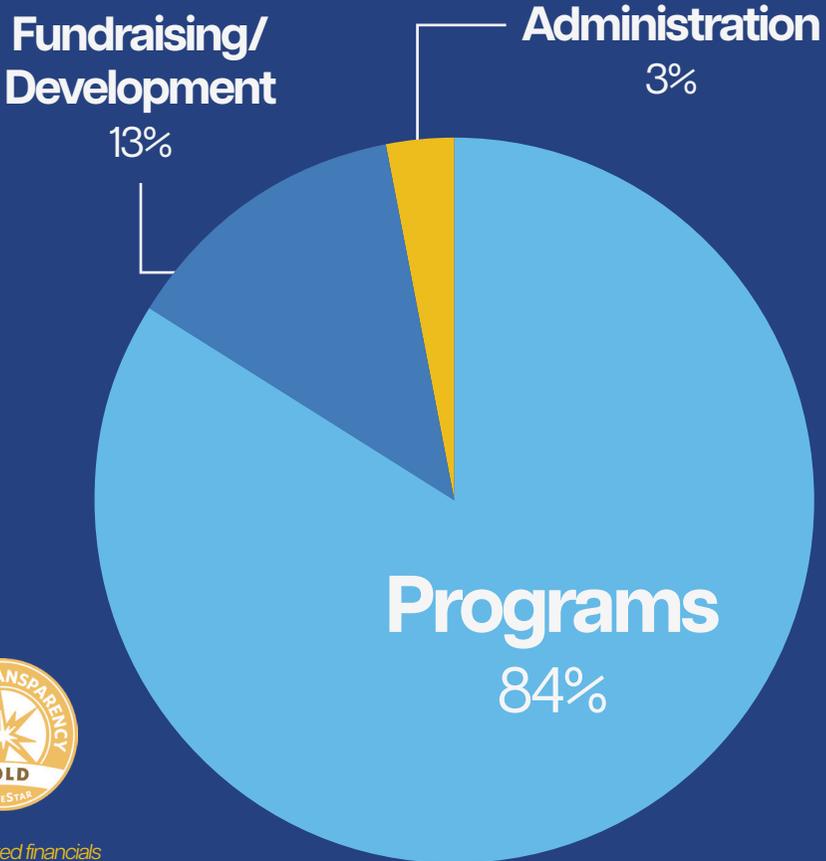
Below is a list of the **FREE** programs that Hope offers its holistic approach through, each of which engages, encourages and equips the women we serve:

- **Hope Empowers** - *Mentoring*
- **Hope Heals** - *Counseling*
- **Hope at Work** - *Job Training*
- **Hope Initiative/ĒMA** - *Every Mother's Advocate*
- **Hope Equips** - *Education Classes*
- **Hope Healthy Start** - *Pregnancy & Postpartum*
- **Hope on the Road** - *Mobile Services*
- **Hope Overcomes** - *Recovery/Prevention*
- **Hope Restores** - *Abuse/Sexual Assault*
- **Hope Thrives** - *Faith-based Classes*
- **Hope Provides** - *Material Assistance*
- **Hope Kids** - *Kid's Programming*
- **Hope for Teens** - *Teen-specific Programming*
- **Hope Grows** - *Capital Growth & Center Expansion*
- **Hope Leads** - *Leadership Development*

Our Financials

Hope Women's Center strives to steward the generous gifts given to us from the individuals, businesses, foundations and community partners who believe in the power of Hope.

This compassionate support impacts thousands of women's lives each year and allows us to bring our transformational work to places of need throughout Arizona. We are proud that **\$.84*** of each dollar goes directly toward our programs and community outreach efforts.



**per budgeted financials*

Board and Executive Team

Board Members:



Mendy Charlton
President



Tom Reimers
Treasurer



Tracy Miller
Vice President



Kathy Biederbeck
Member



Phil Thomas
Secretary



David Van Slyke
Member

Executive Team:



Tammy Abernethy
CEO



Tiffany DelHousaye
Director of Operations



Ivonne Bonetto
Director of Finance



Eliana Meissner
Director of Programs



Liz Delarato
Director of Events & Donor Engagement

Partner with us to bring **HOPE** and healing to women across Arizona in the following ways:

- **Volunteer**

There are many ways to get involved and make a difference in the lives of women and families. Call or visit us online to learn more!

- **Spread the word**

Become an advocate for Hope in your spheres of influence, church or place of business. Contact us today to explore how we can partner together to impact more women in our community.

- **Pray**

Pray for the women we care for and those we have yet to reach.

- **Give**

Your generosity makes the difference in supporting women in ALL the communities we serve! **Scan the QR code or go to hopewomenscenter.org/give-now** to learn more about giving to Hope Women's Center.



hopewomenscenter.org

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